

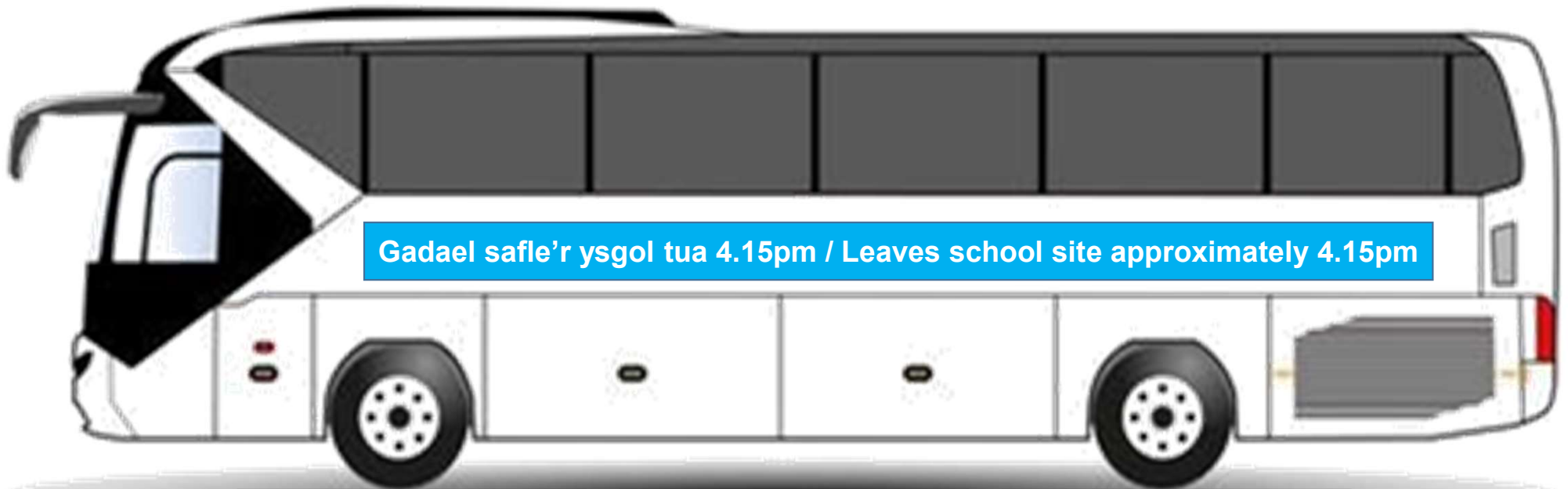
AMSERLEN ALLGYRSIOL CYFNOD ALLWEDDOL 3 [BLYNYDDOEDD 7, 8 & 9]

KEY STAGE 3 EXTRACURRICULAR ACTIVITIES TIMETABLE [YEARS 7, 8 & 9]

GWERSI WYTHNOS A [WEEK A LESSONS]	DYDD LLUN [MONDAY] 12.10.2026	DYDD MAWRTH [TUESDAY] 13.10.2026	DYDD MERCHER [WEDNESDAY] 14.10.2026	DYDD IAU [THURSDAY] 15.10.2026	DYDD GWENER [FRIDAY] 16.10.2026
CLYBIAU AMSER CINIO ADRAN ADD GORFF (GWYRDD) LUNCH TIME PE DEPARTMENT CLUBS (GREEN)	GÊM HOCI BL7 BRYNTEG (ADREF) CAE AML-DYWYDD YEAR 7 HOCKEY GAME BRYNTEG (HOME) ASTROTURF STAFF: MISS JAMES	GÊM RYGBI BL7 BRYNTEG (ADREF) Cwpan Ysgolion y Gweilch CAE PEL-DROED GWAIR GÊM GYFEILLGAR YEAR 7 RUGBY GAME BRYNTEG (HOME) GÊM GYFEILLGAR GRASS FOOTBALL PITCH FRIENDLY GAME STAFF: MR TUDUR	GÊM PÊL-DROED BL7 BRYNTEG (I FFWRDD) CAE AML-DYWYDD Arwyneb tir 2G (Traineru – Dim bŵts) BWS 1 FFORDD YN UNIG GÊM GYFEILLGAR YEAR 7 FOOTBALL GAME BRYNTEG (AWAY) ASTROTURF PITCH 2G Surface (Trainers – No boots) 1 WAY BUS ONLY FRIENDLY GAME STAFF: MR EDWARDS	CYFARFODYDD STAFF DIM GEMAU CYSTADLEUOL ----- STAFF MEETINGS NO COMPETITIVE GAMES	GWEITHGAREDDAU CLWB DYDD GWENER GWERS 6 (Cofiwch eich cit!) Mae caniatad i ddysgwyr CA3 sydd yn gwneud clwb chwaraeon i newid yn ystod amser cinio ----- LESSON 6 FRIDAY CLUB ACTIVITIES (Remember your kit!) KS3 Learners have permission to change during lunch time if they have chosen a practical sports club.
GWEITHGAREDDAU ALLGYRSIOL YN YSTOD Y DYDD (MELYN) EXTRA-CURRICULAR ACTIVITIES DURING THE DAY (YELLOW)		YMARFER PÊL-RWYD BL8 + BL9 NEUADD CHWARAEON YEAR 8 + 9 NETBALL TRAINING SPORTS HALL STAFF: MISS REYNOLDS			
CLYBIAU AR ÔL YSGOL (GWYN) 3.00pm - 4.15pm AFTER SCHOOL CLUBS (WHITE) Taflen wybodaeth i'w ddosbarthu gyda manylion penodol i gemau. Information sheets to be handed out with specific details for games.		GÊM RYGBI MERCHED BL8 + BL9 BRYNTEG (I FFWRDD) Cwpan Ysgolion y Gweilch YEAR 8 + 9 GIRLS RUGBY GAME BRYNTEG (AWAY) Ospreys Schools Cup STAFF: MISS JAMES			
BWS HWYR / LATE BUS	YMARFER RYGBI BLWYDDYN 8 CAE YSGOL (Angen Bwts) Ystafelloedd newid y Pafiliwn YEAR 8 RUGBY TRAINING SCHOOL PITCH (Boots Required) Pavilion changing rooms STAFF: MR HUGHES	GÊM RYGBI BL9 BRYNTEG (ADREF) Cwpan Ysgolion y Gweilch CAE RYGBI GWAIR YEAR 9 RUGBY GAME BRYNTEG (HOME) Ospreys Schools Cup GRASS RUGBY PITCH STAFF: MR HUGHES			
 Arwyddo lan ar dafenni'r hysbysfwrdd ar bwys y ffreutur. Sign up through the sheets on the notice board by the canteen.  AR GAEL PRYD??? DYDD LLUN + DYDD MERCHER AVAILABLE WHEN??? MONDAY + WEDNESDAY	YMARFER PÊL-DROED BLWYDDYN 9 CAE YSGOL GWAIR (Angen Bwts) Ystafelloedd newid y Pafiliwn YEAR 9 FOOTBALL TRAINING SCHOOL GRASS PITCH (Boots Required) Pavilion changing rooms STAFF: MR BATTERICK				



BWS HWYR / LATE BUS



Gadael safle'r ysgol tua 4.15pm / Leaves school site approximately 4.15pm

Arwyddo lan ar
daflenni'r
hysbysfwrdd ar
bwys y ffreutur

DYDD LLUN / MONDAY:
**MAESTEG
NANTYFFYLLON
CAERAU**

DYDD LLUN / MONDAY:
**SHWT
BETTWS
PONTYCYMER
WILDMILL
BRACKLA**

DYDD MERCHER / WEDNESDAY:
**TONDU
ABERKENFIG
PYLE
CORNELLY
PORTHCAWL**

Sign up through
the sheets on
the notice
board by the
canteen