



GWERSI WYTHNOS B [WEEK B LESSONS] CLYBIAU AMSER CINIOL ADRAN ADD GORFF (GWYRDD)	DYDD LLUN [MONDAY] 18.05.2026	DYDD MAWRTH [TUESDAY] 19.05.2026	DYDD MERCHER [WEDNESDAY] 20.05.2026	DYDD IAU [THURSDAY] 21.05.2026	DYDD GWENER [FRIDAY] 22.05.2026
LUNCH TIME PE DEPARTMENT CLUBS (GREEN)					
GWEITHGAREDDAU ALLGYRSIOL YN YSTOD Y DYDD (MELYN)	CLWB NEWYDD:				
<p>CLYBIAU AR ÔL YSGOL (GWYN)</p> <p>3.00pm - 4.15pm</p> <p>AFTER SCHOOL CLUBS (WHITE)</p> <p>Tafeln wybodaeth i'w ddosbarthu gyda manylion penodol i gemau.</p> <p>Information sheets to be handed out with specific details for games.</p>	<p>CLWB CRICED (CAE AML DYWYDD) Agored i bob flwyddyn</p> <p>NEW CLUB: CRICKET CLUB (ASTROTURF) Open to all year groups</p> <p>STAFF: MR TUDUR</p>	<p>YMARFER PÊL-DROED BECHGYN BL7 CAE AML-DYWYDD (Traineru/Bwts addas)</p> <p>Cyfle paratoi ar gyfer gem rownd derfynol CWPAN YSGOLION PENYBONT sydd ar ôl hanner tymor</p>	<p>CLWB ATHLETAU Gweithgareddau TRAC + NEIDIO + TAFLU GWIBIO / SBRINTIO RHEDEG PELLTER CANOL / HIR NAID HIR + NAID UCHEL + NAID DRIPHLYG GWAYWFFON + PWYSAU + DISGEN <small>[Agored i bob flwyddyn a phob dysgwyr sy'n dymuno]</small></p> <p>Mae llwyth o gystadlaethau rhyng-ysgolion ar y gorwel, felly dyma cyfleoedd i baratoi'n addas a gwthio am ddewisiad o fewn eich camp dewisol.</p>	<p>CYSTADLEUAETH ATHLETAU CATEGORI OEDRAN IAU (Dysgwyr BL7 + BL8) YSGOLION CYMOEDD MORGANNWG Cwrdd yn y Neuadd Ysgol am 8.30am</p> <p>Trac Athletau ABERDAR Dychwelyd i Ysgol erbyn y Bysiau diwedd dydd</p> <p>GLAMORGAN VALLEYS SCHOOLS JUNIORS AGE CATEGORY (YR7 + YR8 Learners) ATHLETICS COMPETITION Meet in school hall at 8.30am ABERDARE Athletics Track Return to school by end of day buses</p> <p>STAFF: MISS FAHEY-PENNELL + MR SION</p>	<p>GWEITHGAREDDAU CLWB DYDD GWENER GWERS 6 (Cofiwch eich cit!)</p> <p>Mae caniatad i ddysgwyr CA3 sydd yn gwneud clwb chwaraeon i newid yn ystod amser cinio.</p> <p>LESSON 6 FRIDAY CLUB ACTIVITIES (Remember your kit!)</p> <p>KS3 Learners have permission to change during lunch time if they have chosen a practical sports club.</p>
<p>BWS HWYR / LATE BUS</p>  <p>Arwyddo lan ar daflenni'r hysbysfwrdd ar bwys y ffreutur.</p> <p>Sign up through the sheets on the notice board by the canteen.</p>  <p>AR GAEL PRYD??? DYDD LLUN + DYDD MERCHER</p> <p>AVAILABLE WHEN??? MONDAY + WEDNESDAY</p>	<p>GÊM PÊL-DROED BL9 CYNFFIG (ADREF) CAE PEL-DROED GWAIR <small>Gêm gyfeillgar sy'n agored i bawb sydd yn dymuno chwarae a chynrychioli'r tîm</small></p> <p>YEAR 9 FOOTBALL GAME CYNFFIG (HOME) GRASS FOOTBALL PITCH Friendly game that is open to anyone wanting to play and represent the school</p> <p>STAFF: MISS FAHEY-PENNELL</p>	<p>YEAR 7 BOYS FOOTBALL TRAINING ASTROTURF (Trainers/suitable boots)</p> <p>Opportunity to prepare for the BRIGEND SCHOOLS CUP final that is to be played after half-term</p> <p>STAFF: MISS FAHEY-PENNELL</p>	<p>ATHLETICS CLUB TRACK + JUMPING + THROWING events SPRINTING MIDDLE/LONG DISTANCE RUNNING LONG JUMP + HIGH JUMP + TRIPLE JUMP <small>[Open to all year groups and all learners who wish to attend]</small></p> <p>There are a number of inter-schools competitions on the horizon, therefore this is a perfect opportunity to prepare or push for selection within your chosen event.</p> <p>STAFF: ADRAN CYFAN</p>	<p>CLWB BADMINTON YN ANFFODUS OHERWYDD DIFFYG ARGAELEDD STAFF, DOES DIM CLWB BADMINTON YR WYTHNOS HON.</p> <p>BADMINTON CLUB UNFORTUNATELY DUE TO A LACK OF STAFF AVAILABILITY, THERE IS NO BADMINTON CLUB SCHEDULED FOR THIS WEEK</p> <p>CYFARFODYDD STAFF</p> <p>STAFF MEETINGS</p>	<p>HANNER TYMOR Y SULGWYN</p> <p>WHITSUN HALF-TERM</p>



POB DYDD LLUN
EVERY MONDAY

CLWB ATHLETAU / ATHLETICS CLUB

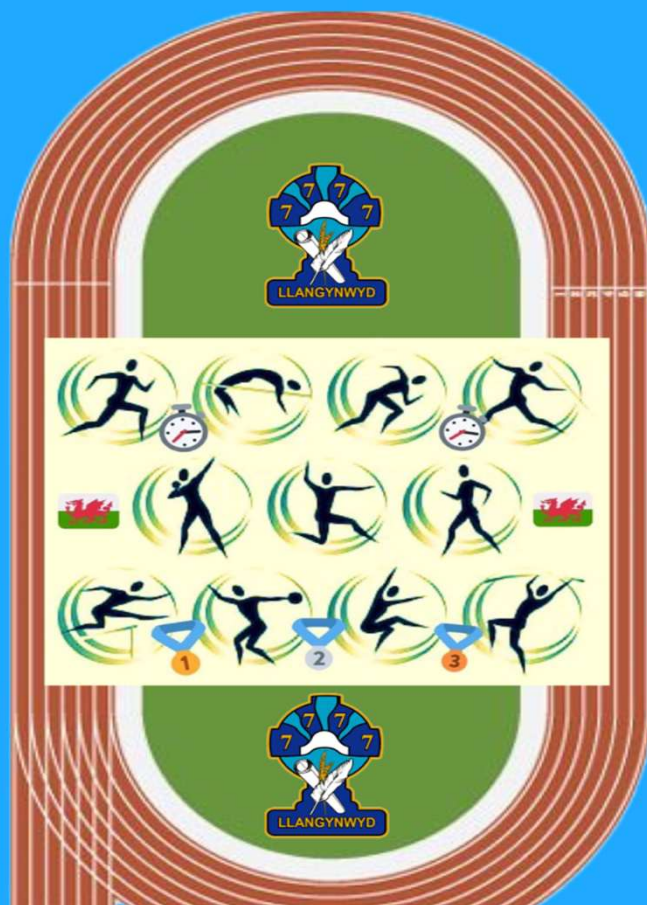
Campau:

Gwibio

Neidio

Taflu

Rhedeg
Pellter
Canol/Hir



Events:

Sprints

Jumps

Throwing

Middle/Long
distance
running

WYTHNOSOL / WEEKLY

POB DYDD MERCHER

3.00pm - 4.15pm

CAMPAU GWIBIO + NEIDIO + TAFLU

TRAC – SBRINTIO/GWIBIO

RHEDEG PELLTER CANOL / HIR

LONG JUMP

TRIPLE JUMP

HIGH JUMP

GWAYWFFON

PWYSAU

DISGEN

EVERY WEDNESDAY

3.00pm - 4.15pm

RUNNING + JUMPING + THROWING EVENTS

TRACK – SPRINT

MIDDLE / LONG DISTANCE RUNNING

LONG JUMP

TRIPLE JUMP

HIGH JUMP

JAVELIN

SHOT PUTT

DISCUSS



BWS HWYR / LATE BUS



Gadael safle'r ysgol tua 4.15pm / Leaves school site approximately 4.15pm

Arwyddo lan ar
daflenni'r
hysbysfwrdd ar
bwys y ffreutur

DYDD LLUN / MONDAY:
**MAESTEG
NANTYFFYLLON
CAERAU**

DYDD LLUN / MONDAY:
**SHWT
BETTWS
PONTYCYMER
WILDMILL
BRACKLA**

DYDD MERCHER / WEDNESDAY:
**TONDU
ABERKENFIG
PYLE
CORNELLY
PORTHCAWL**

Sign up through
the sheets on
the notice
board by the
canteen