

GWERSI WYTHNOS C [WEEK C LESSONS]	DYDD LLUN [MONDAY] 19.01.2026	DYDD MAWRTH [TUESDAY] 20.01.2026	DYDD MERCHER [WEDNESDAY] 21.01.2026	DYDD IAU [THURSDAY] 22.01.2026	DYDD GWENER [FRIDAY] 23.12.2026
CLYBIAU AMSER CINIO ADRAN ADD GORFF (GWYRDD) LUNCH TIME PE DEPARTMENT CLUBS (GREEN)	CLWB BADMINTON TGAU Add Gorff NCH / SPORTS HALL: 12.50pm – 1.20pm GCSE PE BADMINTON CLUB STAFF: MR HUGHES	CLWB BADMINTON TGAU Add Gorff NCH / SPORTS HALL: 12.50pm – 1.20pm GCSE PE BADMINTON CLUB STAFF: MR TUDUR	RYGBI MERCHED - BL7+8+9 2ail Hanner Amser Cinio (CAE AML-DYWYDD) 12.55pm – 1.20pm GIRLS RUGBY – YR7+8+9 2nd Half of Lunch Time (ASTROTURF) 12.55pm – 1.20pm STAFF: MISS JAMES/MR TUDUR + dysgwyr 6ed Dosbarth	YMARFER PÊL-RWYD BL7 NEUADD CHWARAEON (Treineru) 2ail Hanner AMSER CINIO 12.55pm – 1.20pm YR7 NETBALL TRAINING SPORTS HALL (Trainers) 2nd Half of LUNCH TIME STAFF: MISS REYNOLDS + MIA JONES (BL13)	YMARFER PÊL-FASGED BL8 + BL9 NEUADD CHWARAEON (Treineru) Hanner 1af AMSER CINIO 12.35pm – 12.55pm YR8 + BL9 BASKETBALL TRAINING SPORTS HALL (Trainers) 1st Half of LUNCH TIME STAFF: MR HUGHES + GETHIN BAYLISS (BL13)
GWEITHGAREDDAU ALLGYRSIOL YN YSTOD Y DYDD (MELYN) EXTRA-CURRICULAR ACTIVITIES DURING THE DAY (YELLOW)	PÊL-DROED MERCHED Agored i bawb CAE AML-DYWYDD (Treineru) GIRLS ONLY FOOTBALL Open to everyone ASTROTURF (Trainers) STAFF: MISS FAHEY-PENNELL	GEMAU RYGBI BLWYDDYN 7 + BLWYDDYN 8 GARTHOLWG (I FFWRDD) Gadael erbyn 2.30pm Dychwelyd erbyn 5.30pm BWS 2 FFORDD YEAR 7 + YEAR 8 RUGBY GAMES vs GARTHOLWG (AWAY) Leaving approx. 2.30pm Returning approx. 5.30pm 2 WAY BUS STAFF: MR HUGHES + MR R JONES	YMARFER PEL-DROED BLWYDDYN 7 + BLWYDDYN 8 CAE AML-DYWYDD (Treineru) FOOTBALL TRAINING YEAR 7 + YEAR 8 ASTROTURF (Trainers) STAFF: MISS FAHEY-PENNELL YMARFER PÊL-RWYD BL7 + BL8 NEUADD CHWARAEON / GAMPFA YEAR 7+8 NETBALL TRAINING SPORTS HALL / GYMNASIUM STAFF: MISS REYNOLDS GÊM PÊL-DROED BL9 CWPAW YSGOLION PENYBONT yn erbyn PENCOED (I FFWRDD) CAE PÊL-DROED ASTRO YEAR 9 FOOTBALL GAME BRIDGEND SCHOOLS CUP vs PENCOED (AWAY) ASTROTURF FOOTBALL PITCH STAFF: MR BATTERICK YMARFER RYGBI BL10 YMARFER RYGBI TÎM 1af BL11 + BL12 + BL13 CAE YSGOL (Angen Bwts) YEAR 10 RUGBY TRAINING 1st XV Team RUGBY TRAINING YR11 + YR12 + YR13 SCHOOL PITCH (Boots Required) STAFF: MR HUGHES YMARFER RYGBI MERCHED Agored i bawb CAE GWAIR (Angen BWTS) GIRLS ONLY RUGBY TRAINING Open to everyone GRASS FIELD (BOOTS Required) STAFF: MISS JAMES	GWYL RYGBI YSGOLION PENYBONT BLWYDDYN 8 (Lleoliad = Bryntirion) Gadael tua 1.00pm Dychwelyd erbyn 4.00pm BWS 2 FFORDD BRIDGEND SCHOOLS YEAR 8 RUGBY FESTIVAL (Location = Bryntirion) Leaving by 1.00pm Return by 4.00pm 2 WAY BUS STAFF: MR HUGHES	YMARFER PÊL-FASGED BL7 NEUADD CHWARAEON (Treineru) 2ail Hanner AMSER CINIO 12.55pm – 1.20pm YR7 BASKETBALL TRAINING SPORTS HALL (Trainers) 2nd Half of LUNCH TIME STAFF: MR HUGHES + GETHIN BAYLISS (BL13)
CLYBIAU AR ÔL YSGOL (GWYN) 3.00pm - 4.15pm AFTER SCHOOL CLUBS (WHITE) Taflen wybodaeth i'w ddosbarthu gyda manylion penodol i gemau. Information sheets to be handed out with specific details for games.	CLWB BADMINTON Agored i bawb NEUADD CHWARAEON BADMINTON CLUB Open to everyone SPORTS HALL STAFF: MR HUGHES	YMARFER PÊL-RWYD BLWYDDYN 9 NEUADD CHWARAEON / GAMPFA YEAR 9 NETBALL TRAINING SPORTS HALL / GYMNASIUM STAFF: MISS FAHEY-PENNELL	YMARFER RYGBI BL10 YMARFER RYGBI TÎM 1af BL11 + BL12 + BL13 CAE YSGOL (Angen Bwts) YEAR 10 RUGBY TRAINING 1st XV Team RUGBY TRAINING YR11 + YR12 + YR13 SCHOOL PITCH (Boots Required) STAFF: MR HUGHES YMARFER RYGBI MERCHED Agored i bawb CAE GWAIR (Angen BWTS) GIRLS ONLY RUGBY TRAINING Open to everyone GRASS FIELD (BOOTS Required) STAFF: MISS JAMES	CYFARFODYDD STAFF ----- STAFF MEETINGS	GWEITHGAREDDAU CLWB DYDD GWENER GWERS 6 (Cofiwch eich cit!) Mae caniatad i ddysgwyr CA3 sydd yn gwneud clwb chwaraeon i newid yn ystod amser cinio ----- LESSON 6 FRIDAY CLUB ACTIVITIES (Remember your kit!) KS3 Learners have permission to change during lunch time if they have chosen a practical sports club.

Ymarfer Pêl-Fasged Blwyddyn 7+8+9

**AMSER CINIO - POB DYDD GWENER
NEUADD CHWARAEON**

BL8 + BL9 = 12.35pm tan 12.55pm

BL7 = 12.55pm tan 1.20pm

**Does dim angen newid, dim ond angen
treineru addas i wisgo am y sesiwn.**



Basketball Training Years 7+8+9

**LUNCH TIME – EVERY FRIDAY
SPORTS HALL**

YR8 + YR9 = 12.35pm until 12.55pm

YR 7 = 12.55pm tan 1.20pm

**No need to change, just bring suitable
trainers to wear for the session.**



**Sesiynau hyfforddi o dan arweiniad GETHIN BAYLISS BL13 (Chwaraewr Pêl-Fasged Cymru) a'r adran Add Gorff.
Sessions under the guidance of GETHIN BAYLISS Yr13 (Welsh Basketball Player) and the PE department.**



BWS HWYR / LATE BUS



Gadael safle'r ysgol tua 4.15pm / Leaves school site approximately 4.15pm

Arwyddo lan ar
daflenni'r
hysbysfwrdd ar
bwys y ffreutur

DYDD LLUN / MONDAY:
**MAESTEG
NANTYFFYLLON
CAERAU**

DYDD LLUN / MONDAY:
**SHWT
BETTWS
PONTYCYMER
WILDMILL
BRACKLA**

DYDD MERCHER / WEDNESDAY:
**TONDU
ABERKENFIG
PYLE
CORNELLY
PORTHCAWL**

Sign up through
the sheets on
the notice
board by the
canteen