GWERSI WYTHNOS B [WEEK B LESSONS]	DYDD LLUN [MONDAY] 12.01.2026	DYDD MAWRTH [TUESDAY] 13.01.2026	DYDD MERCHER [WEDNESDAY] 14.01.2026	DYDD IAU [THURSDAY] 15.01.2026	DYDD GWENER [FRIDAY] 19.12.2026
CLYBIAU AMSER CINIO ADRAN ADD GORFF (GWYRDD) LUNCH TIME PE DEPARTMENT CLUBS (GREEN)	**Cystadleuaeth** **TRAWSGLWAD Y SIR** YSGOLION CYMOEDD MORGANNWG Gadael am 9.30am Dychwelyd erbyn 2.00pm (PENYBONT Caeau Trecelyn)	**CLWB BADMINTON** TGAU Add Gorff NCH / SPORTS HALL: 12.50pm – 1.20pm **GCSE PE BADMINTON CLUB** STAFF: MR TUDUR	**RYGBI MERCHED - BL7+8+9** 2ail Hanner Amser Cinio (CAE AML-DYWYDD) 12.55pm – 1.20pm **GIRLS RUGBY – YR7+8+9** 2nd Half of Lunch Time (ASTROTURF) 12.55pm – 1.20pm STAFF: MISS JAMES/MR TUDUR + dysgwyr 6ed Dosbarth	YMARFER PÊL-RWYD BL7 NEUADD CHWARAEON (Treineru) 2ail Hanner AMSER CINIO **12.55pm – 1.20pm** YR7 NETBALL TRAINING SPORTS HALL (Trainers) 2nd Half of LUNCH TIME STAFF: MISS REYNOLDS + MIA JONES (BL13)	YMARFER PÊL-FASGED BL8 + BL9 NEUADD CHWARAEON (Treineru) Hanner 1af AMSER CINIO **12.35pm – 12.55pm** YR8 + BL9 BASKETBALL TRAINING SPORTS HALL (Trainers) 1st Half of LUNCH TIME STAFF: MR HUGHES + GETHIN BAYLISS (BL13)
GWEITHGAREDDAU ALLGYRSIOL YN YSTOD Y DYDD (MELYN) EXTRA-CURRICULAR ACTIVITIES DURING THE DAY (YELLOW)	**COUNTY CROSS-COUNTRY COMPETITION** GLAMORGAN VALLEYS SCHOOLS Leaving approx. 9.30am Return to school by 2.00pm (BRIDGEND Newbridge fields) STAFF: MR HUGHES + MISS FAHEY-PENNELL	**YMARFERION RYGBI** **BLWYDDYN 7** **BLWYDDYN 8** **BLWYDDYN 9** CAE RYGBI GWAIR **RUGBY TRAINING:** **YEAR 7** **YEAR 8** **YEAR9** GRASS RUGBY PITCH STAFF: MR HUGHES + MR TUDUR	**YMARFERION PEL-DROED** **BLWYDDYN 7** **BLWYDDYN 8** **BLWYDDYN 9** CAE AML-DYWYDD (Treineru) **FOOTBALL TRAINING:** **YEAR 7** **YEAR 8** **YEAR9** ASTROTURF (Trainers) STAFF: MISS FAHEY-PENNELL + MR BATTERICK	**NOSON AGORED** **Cyfnod Allweddol 4** **(Opsiynau Blwyddyn 9)** ---------- **Key Stage 4** **OPEN EVENING** **(Year 9 options)**	YMARFER PÊL-FASGED BL7 NEUADD CHWARAEON (Treineru) 2ail Hanner AMSER CINIO **12.55pm – 1.20pm** YR7 BASKETBALL TRAINING SPORTS HALL (Trainers) 2nd Half of LUNCH TIME STAFF: MR HUGHES + GETHIN BAYLISS (BL13)
CLYBIAU **AR ÔL YSGOL** **(GWYN)** **3.00pm - 4.15pm** **AFTER SCHOOL** **CLUBS** **(WHITE)** ---------- Taflen wybodaeth i'w ddosbarthu gyda manylion penodol i gemau. Information sheets to be handed out with specific details for games. ----------	**PÊL-DROED MERCHED** **Agored i bawb** CAE AML-DYWYDD (Treineru) GIRLS ONLY FOOTBALL **Open to everyone** ASTROTURF (Trainers) STAFF: MISS FAHEY-PENNELL	**YMARFER PÊL-RWYD** **BLWYDDYN 9** NEUADD CHWARAEON / GAMPFA **YEAR 9** **NETBALL TRAINING** SPORTS HALL / GYMNASIUM STAFF: MISS FAHEY-PENNEL	**YMARFER PÊL-RWYD** **BL7 + BL8** NEUADD CHWARAEON / GAMPFA **YEAR 7+8** **NETBALL TRAINING** SPORTS HALL / GYMNASIUM STAFF: MISS REYNOLDS		**GWEITHGAREDDAU** **CLWB DYDD GWENER** **GWERS 6** (Cofiwch eich cit!) Mae caniatad i ddysgwyr CA3 sydd yn gwneud clwb chwaraeon i newid yn ystod amser cinio ---------- **LESSON 6** **FRIDAY CLUB** **ACTIVITIES** (Remember your kit!) KS3 Learners have permission to change during lunch time if they have chosen a practical sports club.

Ymarfer Pêl-Fasged Blwyddyn 7·8·9

AMSER CINIO - <u>POB DYDD GWENER</u>
NEUADD CHWARAEON

BL8 + BL9 = 12.35pm tan 12.55pm

BL7 = 12.55pm tan 1.20pm

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Basketball Training Years 7·8·9

LUNCH TIME – <u>EVERY FRIDAY</u>
SPORTS HALL

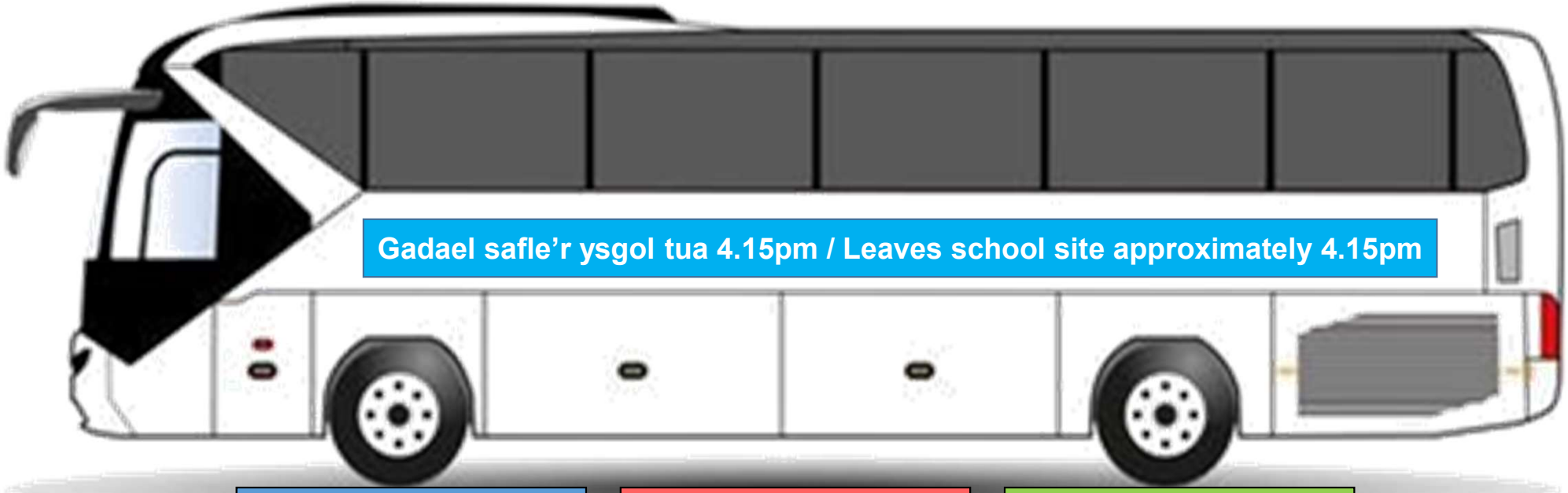
YR8 + YR9 = 12.35pm until 12.55pm

YR 7 = 12.55pm tan 1.20pm

No need to change, just bring suitable trainers to wear for the session.

Sesiynau hyfforddi o dan arweiniad GETHIN BAYLISS BL13 (Chwaraewr Pêl-Fasged Cymru) a'r adran Add Gorff.
Sessions under the guidance of GETHIN BAYLISS Yr13 (Welsh Basketball Player) and the PE department.

BWS HWYR / LATE BUS



Gadael safle'r ysgol tua 4.15pm / Leaves school site approximately 4.15pm

Arwyddo lan ar daflenni'r hysbysfwrdd ar bwys y ffreutur

DYDD LLUN / MONDAY:

MAESTEG
NANTYFFYLLON
CAERAU

DYDD LLUN / MONDAY:

SHWT
BETTWS
PONTYCYMER
WILDMILL
BRACKLA

DYDD MERCHER / WEDNESDAY:

TONDU
ABERKENFIG
PYLE
CORNELLY
PORTHCAWL

Sign up through the sheets on the notice board by the canteen