

	DYDD LLUN [MONDAY] 15.04.2024	DYDD MAWRTH [TUESDAY] 16.04.2024	DYDD MERCHER [WEDNESDAY] 17.04.2024	DYDD IAU [THURSDAY] 18.04.2024	DYDD GWENER [FRIDAY] 19.04.2024
GWEITHGAREDDAU ALLGYRSIOL YN YSTOD Y DYDD (MELYN) EXTRA-CURRICULARACTIVITIES DURING THE DAY (YELLOW)	CLWB CINIO YR URDD URDD Lunchtime Club Neuadd Chwaraeon/Sports Hall  PEL-FASGED / BASKETBALL Wythnos/Week C = BL9 yn unig	CLWB CINIO YR URDD URDD Lunchtime Club Neuadd Chwaraeon/Sports Hall  PEL-FOLI / VOLLEYBALL Wythnos/Week C = BL9 yn unig	CLWB CINIO YR URDD URDD Lunchtime Club Neuadd Chwaraeon/Sports Hall  PEL-DROED / FOOTBALL Wythnos/Week C = BL9 yn unig	RYGBI 7 pob ochr YR URDD BECHGYN BL8 MERCHED BL8+BL9 (CAERDYDD) Gadael am 8.30am	CLWB BADMINTON BL8 + BL9 NEUADD CHWARAEON (Treineru) Hanner 1af AMSER CINIO YR8 + YR9 BADMINTON CLUB SPORTS HALL (Trainers) 1st Half of LUNCH TIME STAFF: MR HUGHES 12.35pm – 1.05pm
CLYBIAU AMSER CINIO ADRAN ADD GORFF (GWYRDD) LUNCH TIME PE DEPARTMENT CLUBS (GREEN)	RYGBI 7s YR URDD BECHGYN BL11/12/13 (CAERDYDD) Gadael am 8.30am URDD RUGBY SEVENS Year 11/12/13 BOYS (CARDIFF) Leaving approx 8.30am STAFF: MR HUGHES	RYGBI 7s YR URDD BECHGYN BL10 (CAERDYDD) Gadael am 8.30am URDD RUGBY SEVENS Year 10 BOYS (CARDIFF) Leaving approx 8.30am STAFF: MR HUGHES	RYGBI 7s YR URDD BECHGYN BL9 (CAERDYDD) Gadael am 8.30am URDD RUGBY SEVENS Year 9 BOYS (CARDIFF) Leaving approx 8.30am STAFF: MR HUGHES + MR EVANS	URDD RUGBY SEVENS Year 8 BOYS Year 8+9 GIRLS (CARDIFF) Leaving approx 8.30am STAFF: MR HUGHES + MISS JAMES	RYGBI 7s YR URDD BECHGYN BL7 (CAERDYDD) Gadael am 8.30am URDD RUGBY SEVENS Year 7 BOYS (CARDIFF) Leaving approx 8.30am STAFF: MR TUDUR + MR EVANS
CLYBIAU AR ÔL YSGOL (GWYN) 3.00pm - 4.15pm AFTER SCHOOL CLUBS (WHITE) ----- Taflen wybodaeth i'w ddosbarthu gyda manylion penodol i gemau. ----- Information sheets to be handed out with specific details for games. -----	CLWB ATHLETAU GWEITHGAREDDAU DEWISOL O: GWIBIO / SBRINTIO RHEDEG PELLTER CANOL-HIR CAMPAU TAFLU CAMPAU NEIDIO [Agored i bob flwyddyn a phob dysgwr sy'n dymuno] ATHLETICS CLUB CHOICE OF ACTIVITIES FROM: SPRINTING MIDDLE-LONG DISTANCE RUNNING THROWING EVENTS JUMPING EVENTS [Open to all year groups and all learners who wish to attend] STAFF: MISS JAMES, MISS REYNOLDS, MISS FAHEY-PENNELL, MISS LLEWELLYN, MR EVANS YMARFER RYGBI 7's BL7 PARATOI AM DDYDD GWENER YR7 RUGBY 7's TRAINING PREPARATION FOR FRIDAY STAFF: MR TUDUR	CLWB GYMNASTEG (Gampfa) Agored i bob flwyddyn GYMNASTICS CLUB (Gymnasium) Open to all year groups STAFF: MISS REYNOLDS + MISS LLEWELLYN	PÊL-DROED MERCHED Agored i bawb CAE AML-DYWYDD (Treineru) GIRLS ONLY FOOTBALL Open to everyone ASTROTURF (Trainers) STAFF: MISS FAHEY-PENNELL	CYFARFODYDD STAFF Dim ymarferion neu gemau ar ol ysgol ----- STAFF MEETINGS No training or games afterschool	GWEITHGAREDDAU CLWB DYDD GWENER GWERS 6 (Cofiwch eich cit!) ----- LESSON 6 FRIDAY CLUB ACTIVITIES (Remember your kit!)
		CLWB BADMINTON (Neuadd Chwaraeon) Agored i bob flwyddyn BADMINTON CLUB (Sports Hall) Open to all year groups STAFF: MISS REYNOLDS + MR EVANS			