### WAKE UP BAR

SEPT 2023	PUPILS	STAFF
Cereal with Milk	<b>70</b> p	84p
Toast	35p	<b>42</b> p
Fresh Fruit	55p	66p
Milk Pint	£1.00	£1.20
<b>Bottled Water</b>	<b>55</b> p	66p

#### SALAD BAR

SEPT DODE		
	<b>PUPILS</b>	STAFF
Salad Main Meal	£2.20	£2.64
Salad Main Meal & Dessert	£2.50	£3.00
Baguette - MUST BE PRE-ORDERED	£1.85	£2.22
Sandwich / Tortilla- MUST BE PRE-ORDERED	£1.65	£1.98
Jacket Potato	£1.20	£1.44
Jacket Potato & Filling	£1.85	£2.22
Salad Portion	<b>70</b> p	84p
Pasta / Salad Pot	£1.40	£1.68
Fresh Fruit	55p	66p
Yoghurt	55p	66p
Fresh Fruit Salad	£1.00	£1.20
Milk Pint	£1.00	£1.20
Bottled Water	55p	66p
Radnor Fizz 330ml	80p	96p

## MID MORNING BREAK SEPT 2023

FOOD	PUPILS	STAFF
Baguette - Hot	£1.85	£2.22
<b>Toasted Sandwich</b>	£1.65	£1.98
Burritos	£1.80	£2.16
Panini (whole)	£1.80	£2.16
Toast Slice	35p	42p
Cheese on Toast Slice	£1.05	£1.26
Toasted Bagel	£1.00	£1.20
Filled Bagel - Hot	£1.60	£1.92
Fresh Fruit	55p	66p
Cake (Muffin, Flapjack, Sponge)	90p	£1.08
Buttermilk Pancakes	80p	96p
Welshcake	55p	66p
Crumpet	60p	<b>72</b> p

# MID MORNING BREAK SEPT 2023

DRINKS	PUPILS	STAFF
Milk Pint	£1.00	£1.20
<b>Bottled Water</b>	55p	66p
Hot Drinks	80p	96p
Flavour Shot	<b>40</b> p	48p
Sparkling Fruit Juice (Grapetizer, Peartizer, Appletizer)	£1.10	£1.32
Radnor Fizz 330ml	80p	96p
Viva Milkshake	80p	96p

## CLITE BITES

SEPT 2023	PUPILS	STAFF
Hot Filled Baguettes	£1.85	£2.22
Paninis	£1.80	£2.16
Hot Filled Tortillas	£1.65	£1.98
Jacket Potato	£1.20	£1.44
Jacket Potato & Filling	£1.85	£2.22
Pizza Slice	£1.20	£1.44
French Bread Pizza	£1.30	£1.56
Hot Filled Bagels	£1.60	£1.92
Fresh Fruit	55p	66p
Fresh Fruit Salad	£1.00	£1.20
Cake (Muffin, Flapjack, Sponge)	90p	£1.08
Mini Dessert Selection	60p	<b>72</b> p
Milk Pint	£1.00	£1.20
Bottled Water	55p	66p
Sparkling Fruit Juice (Appletizer, Grapetizer, Peartizer)	£1.10	£1.32
Radnor Fizz 330ml	80p	96p

#### MAIN MEAL

SEPT 2023	PUPILS	STAFF
Choice of Main Meal	£2.20	£2.64
Main Meal & Dessert	£2.50	£3.00
Main Meal Portion	£1.80	£2.16
Dessert of the Day	90p	£1.08
Fresh Fruit	55p	66p
Milk Pint	£1.00	£1.20
Bottled Water	55p	66p
Radnor Fizz 330ml	80p	96p
Sparkling Fruit Juice (Grapetizer, Appletizer, Peartizer)	£1.10	£1.32